

WASHINGTON COUNTY OFFICE FOR THE AGING
ADVISORY COUNCIL MINUTES

March 7, 2016

The Washington County Office for the Aging Advisory Council met on March 7, 2016 at the Senior Center of Kingsbury/Fort Edward on Oak Street in Hudson Falls, New York. The meeting was called to order and there was one exception to the previous minutes – next meeting is at the United Presbyterian Church in West Hebron not Cambridge.

In attendance: Carol Kuhr, Gretchen Stark, Gerald Foelsch, Carol Hamilton, Martha Waite, Judith Stevens, Alice Coldwell, Max McDonnell, Lettie Hayes, Dave McNitt, Pat Cantanucci, Seth Pitts, Mary Ann Nichols, Carol McGivern, Sharon Dunn, Patricia Provost, Patty Hunt, Barbara Kryzs, Hope Rappleyer, Mindy Dudley and Stephanie Ball.

Advisory Council September Meeting

Judith said Burton Hall in Easton is under renovations and would not be available for our scheduled September meeting. Judith was going to check with the Library and see if it was available.

Program Updates

- A copy of the most recent Senior Times was handed out to anyone that was interested.
- A copy of the Advisory Council Members Board Resolution was handed out and reviewed.
- Advisory Council Officer Elections was voted upon. The only nominations were Mary Ann Nichols for President and Max McDonnell for Vice President. Mary Ann and Max will retain their positions as officers.
- Everyone received a copy of the biographies of our State Senior of the Year nominee's Don Brooks and Ruth Scribner. In addition to the state recognition, each club nominates a Senior of the Year. The celebrations for the club recognition will be held on Friday, May 13th at the Kingsbury Firehouse in Hudson Falls.
- ADRC made some changes to their one page information brochure. The brochure now includes important numbers on the backside. Everyone was encouraged to share the information with their communities. There was a question on the best phone number to call if you want to stop or start home delivered meals.
- Center for Neurobehavioral Health – Alzheimer's Initiative. The Center was awarded a 5 year grant called Alzheimer's Disease Caregiver Support Initiative. This will be a great partnership with SUNY Plattsburgh and a wonderful service for our community. They are in the process of hiring a Care Navigator. The Care Navigator will be placed in our office or building. The Care Navigator will serve 5 core functions: Care Consultation, Family Consultation, Support Groups, Caregiver Education, and Respite. The service will be provided to Caregivers – only one person has to be in Washington County – either the Caregiver of the Care Receiver.
- HEAP is expected to close on March 15, 2016.
- Stephanie did a presentation regarding HIICAP counseling, NY Connects and Outreach. The presentation included:
 - Numbers for comparisons
 - Medicare Part A and B
 - The Long Term Care Council
 - Advertising to explain NYConnects "No wrong door" policy
 - Monthly outreach mailings to include preventive information before a crisis arise.
 - A survey was randomly mailed out this past summer.
 - Continuing to cold call people over 60.
 - Seth suggested that Stephanie sit down with the ministries that meet regularly.

Recent Activities

- No updates.

Upcoming Events

- March 17th – Town Supervisors deliver Home Delivered Meals to their community.
- April 7th – Argyle School Dinner Theater (Flyer passed out to everyone)
- April 8th – Senior Council Luncheon – Hartford Firehouse
- May is Older Americans Month. Each Senior Dining Site will have a celebration.
- May 13th – Senior of the Year luncheon at the Kingsbury Firehouse.
- June 15th – Long Term Care Council Meeting @ 10 at Hamilton County DSS (Indian Lake).
- July 8th – Senior Picnic at the Washington County Fairgrounds.

Open Discussion

Barbara Kryzs questioned about the women in Fort Ann that froze to death. Stephanie said we reach out but people don't always take the services that are available to them. Stephanie also suggested that it would be a good idea for people to keep an eye on their neighbors. If anyone is concerned about anyone in their communities they are encouraged to call our office.

Sharon asked about being appointed by her Town Board and what her role is as the representative because she doesn't have a group to take back information from the meeting. It was suggested to make up packets with the information from the meeting to hand out at functions in her community such as Grandparents Day at the school, the International Bike Race and the yearly picnic at Lake Lauderdale.

Judith Stevens asked about advertising Osteobuster Classes. Max suggested local newspapers are good about putting in public notices. Stephanie said that she can include the information in her monthly mailings if she receives it in time and she can also update her list she created 2 years ago with the different exercise programs and locations if given the information.

A motion was made to adjourn the meeting and that motion was seconded.

Next meeting is June 6, 2016 at 10am at the United Presbyterian Church – on County Route 30 in West Hebron.