

December 2016 Activities & Educational Events

Understanding and Responding to Dementia-Related Behavior

Dec 1, 2016 10:30 AM to TBA The Conkling Center, 79 Warren Street, Glens Falls

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost.

However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

Please contact our office at 518-793-1494 for information and to register.

Christmas in the Country

Fri, Dec 2, 2016 until Sun, Dec 4, 2016

10:00 AM to 5:00 PM

Washington County, NY

Join us for our 26th annual artist studio tour. Fifteen artists have been working hard all year long to create gifts and decor for your Christmas shopping. Our tour gets bigger every year. Enjoy the sights and smells of the season. There will be refreshments and a door prize at each stop. Follow the green Christmas trees with the number 1-15 on them around the Fort Ann, Kingsbury, and Queensbury NY area.

Call 518-793-7925 for information and a map.

Christmas in Cambridge – Village of Cambridge

Dec 2, 2016 6:00 PM To Dec 04, 2016 7:00 PM

Annual Holiday celebrations including Santa's arrival, Tree lighting, bonfires, caroling and great shopping opportunities in our independent, locally owned stores and restaurants. Also enjoy a Holiday Art tour, luncheon and goodies sale, crafts sale and more. **Website URL: <http://cambridgenychamber.com>**

Breakfast with Santa

Dec 3, 2016 7:30 AM - 10:30 AM

Greenwich Elks Lodge, Rte 40S, Greenwich, NY

Come eat a pancake breakfast, get your picture taken with Santa, and make some holiday crafts! For more information, email: ckelly@greenwichcsd.org or call 692-9542 ext 7637.

Cost: \$6.00 for adults; \$4.00 for children under 10

The Eldercare Advocate

Nov 9, 23 2pm – 3pm

wioxradio.org WIOX 91.3 FM

The Eldercare Advocate is a live one hour radio show that discusses numerous topics pertaining to Alzheimer's disease including myths, warning signs, diagnosis and care. You will hear from people who know about the challenges, the solutions, and how to navigate the long term care system and access the many services available.

Narcan Training – Free Training

Dec 21 3 pm – 4 pm

Council for Prevention, 10 Lacrosse Street in Hudson Falls

Learn how and when to administer the lifesaving antidote that can reverse the fatal effects of an Opioid overdose and save a person's life. Learn the signs and symptoms of heroin and opioid overdose. Learn how to use Naloxone (Narcan) to respond to an overdose. Each individual will receive an Intranasal Naloxone kit as part of the training.

Please register for this training by contacting Amanda West at 518-746-1527.

Caregiver & Adult Support Groups

Caregiver & Family Support

12/12/16 Monday 2:00 pm
Washington Center for Rehab and Healthcare
4573 State Route 40, Argyle
Facilitators: Wendy Bryan & Maureen Mahar
(518) 638-8274 x220
Meets 2nd Monday of the month

Caregiver & Family Support

12/14/16 Wednesday 3:00 pm
The Stanton Nursing and Rehab Center
152 Sherman Ave, Glens Falls 793-2575
Facilitators: Andre Beaulieu and Laura Schidzick
Meets Every 2nd Wednesday of the month

Caregiver & Family Support

12/15/16 Thursday 3 pm – 5 pm
The Glen at Hiland Meadows
39 Longfellow Dr., Queensbury
Facilitator: Peggy MacArthur (518) 793-2377
Meets 3rd Thursday of the month

Living With Loss Support Group

12/21/16 Wednesday 2:00 pm – 3:15 pm
Greenwich Free Library 692-7157
148 Main Street, Greenwich
Meets 3rd Wednesday of the month

Saratoga LGBTQ Adult Support Group

12/11/16 Sunday 3 – 4:30 pm
Saratoga Springs Public Library
Lower Level Meeting Room
49 Henry St, Saratoga Springs
Contact Caroline with questions (518) 857-9361
2nd Sunday of the month

Nar-Anon Steps to Hope Group

Every Wednesday 7 – 8 pm
Pine Knolls Alliance Church
614 Gansevoort Road
South Glens Falls, NY 12803
Call Judy at (518) 796-0694
Email: stepstohope-info@delmartian.com

Survivors of Suicide Loss Support Group

12/07/16 Wednesday 7 pm
71 Glenwood Avenue, Queensbury
Contact Amy Malloy 281-636-0684 or aemalloy5@yahoo.com
Meets 1st Wednesday of the month

Grief Support Group

12/07, 12/21 Wednesday 5 pm – 6 pm
Queensbury Senior Center
742 Bay Road, Queensbury
Facilitator: High Peaks Hospice
Meets 1st and 3rd Wednesday

Caregiver & Family Support

12/07/16 Wednesday 6:00 pm
The Landing at Queensbury
27 Woodvale Rd., Queensbury
Facilitator: Lindsay Stanislawski 793-5556
Meets 1st Wednesday of the Month

Caregiver & Family Support

12/20/16 Tuesday 1:30 pm - 3:00 pm
Fort Hudson Nursing Home
319 Upper Broadway, Fort Edward
Facilitator: Kym Hance 867-4999 x 215
Meets 3rd Tuesday of the month

Traumatic Brain Injury Support Group

12/01/16 Thursday 4:30 pm – 5:30 pm
Support Link Inc.
667 Bay Road, Building B
Queensbury, NY 798-2972 ext. 303
Meets 1st Thursday of the month except holidays

Caregiver Circle

12/20/16 Tuesday 10 am
Cambridge Senior Center
5 Park Place, Cambridge, NY 12816
Facilitator: Jean-Marie Lundgren (518) 746-2420
Meets 3rd Tuesday of the month