



No one should face Alzheimer's alone.

Register for one of our free virtual programs for information and resources about Alzheimer's and other dementias from the safety of your own home. View all listings at alz.org/events.

10 Warning Signs of Alzheimer's

- [June 3, 2020 | 10 a.m.](#)
- [June 15, 2020 | 1:30 p.m.](#)

Coronavirus (COVID-19) Tips for Dementia Caregivers

- [June 5, 2020 | 10 a.m.](#)

Understanding Dementia Related Behaviors

- [June 8, 2020 | 3 p.m.](#)

Understanding Alzheimer's and Dementia

- [June 10, 2020 | 2 p.m.](#)
- [June 15, 2020 | 6 p.m.](#)

Legal and Financial

- [June 11, 2020 | 4:30 p.m.](#) presented by Herzog Law Firm

Effective Communication Strategies

- [June 16, 2020 | 2 p.m.](#)

Research Update & Understanding Alzheimer's Disease

- [June 18, 2020 | 4 p.m.](#)

Coffee with a Consultant: 1:1 Conversation

- [June 22, 2020 | 10:30 a.m.](#)

Care Options

- [June 22, 2020 | 3:30 p.m.](#) presented in partnership with Eddy Alzheimer's Services

Healthy Living for Your Brain and Body: Practical Strategies to Live Well

- [June 25, 2020 | 4 p.m.](#) presented in partnership with Albany Med Center for Excellence

Stress Management and Self-Care

- [June 30, 2020 | 3 p.m.](#) presented in partnership with Eddy Alzheimer's Services

Registration is Required. You will receive a video conference link to access and can sign in as a guest to enter the virtual program.

RSVP at alz.org/CRF, via our 24/7 Helpline at 800.272.3900, or by contacting Jon Weaver at 518.675.7216.