

Washington County



Gina Cantanucci-Mitchell,
Executive Director

Office for Aging and Disabilities Resources

383 Broadway
Fort Edward, New York 12828

TELEPHONE: (518) 746-2420

FAX: (518) 746-2418 or 746-2571



August 1, 2020

Dear Community Partner:

Well it is starting to heat up out there as we go into August. It is very important that while you are participating in different activities that you keep hydrated. Be aware of the medications you are currently taking to see if there are any warnings about being in the sun and heat. You may want to monitor the weather reports for high humidity, so you can turn on your air conditioners. If you cannot afford an air conditioner and need one for health reasons you may be eligible for one through the HEAP Cooling Assistance Program. For more information contact our office.

Take advantage of programs that offer access to fresh fruits and vegetables.

- Senior Farmers Market Nutrition Program provides coupons for low-income seniors. The coupons can be exchanged for locally grown fruit and vegetables at participating farmers markets in NY. Our office has a supply of these coupon booklets for our residents. For more information about eligibility and obtaining the coupons call our office and speak with Sharon Zayachek.
- Fresh Food Collective by Comfort Food Community provides free fresh produce at a variety of locations throughout the county on Fridays. See the flyer for times and location.

United States Census 2020: If you have not completed your census form please do it soon. If the Census Bureau does not register the completion of your form, they will plan on sending someone to your home to assist you. To minimize your time and their time complete the survey yourself online or send it in. See the FACT sheet for details about the soft launch of census taker visits. *The Census Bureau does not disclose any personal information.*

The **Medicare Rights Center** has provided information about Medicare Coverage of Skilled Nursing Facility Care. If you have any questions about Medicare please contact us for counseling.

SCAMS: The Federal Trade Commission has provided information about the Economic Impact Payment. See what the REAL envelope and card activation letter look like. Don't get scammed!

Family Matters: As COVID continues to alter how we do things it has not prevented local organizations and agencies from finding ways to provide recovery support services. Reach out now to get the information and support you need.

Caregiver Support: The Caregiver Support Initiative through SUNY Plattsburgh and the Alzheimer's Association of NENY both continue to provide virtual programs in August. See attached flyers.

Pop Up Events: At this time there are no events scheduled.

Senior Sites: At this time, we do not have a definite date for openings.

At this time all Office for the Aging large events have been postponed.

Thank you,

Stephanie Ball

Training & Resource Development Coordinator
(518) 746-2572

*Washington County has translation services available through Language Line. Access to this service can be done by phone or in person at our office to enable us to provide information, assistance and services for residents whom English is not their primary language of choice.