

WINTER 2021

ALZHEIMER'S DISEASE CAREGIVER SUPPORT INITIATIVE

Quarterly Newsletter



What's New in 2021

The Caregiver Support Initiative will continue to host all Support Groups, Education Events, and Memory Cafes virtually via Zoom. Please see our current offerings on Page 2.

Coffee Chats about Senior Health

ADCSI is partnering with the Cancer Services Program to provide virtual Coffee Chats about Senior Health, Wednesday mornings at 10 am. Each week, we will be discussing a different topic related to aging and living a healthy lifestyle.

Powerful Tools for Caregivers

Be on the lookout for more information about this new workshop, which we will be offering this spring.

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**NEW SUPPORT
GROUP SCHEDULE
FOR 2021**

**WINTER
EDUCATIONAL
WEBINAR SERIES**

**UPCOMING CRAFT
MEMORY CAFES**

**NEW PROGRAM:
COFFEE CHATS ABOUT
SENIOR HEALTH**