



## SOUTHERN ADIRONDACK RECOVERY ALLIANCE (SARA)

### Saratoga Springs

#### Healing Springs Recovery Community & Outreach Center

125 High Rock Avenue 105A  
(Entrance off back parking lot, under blue awning)  
Saratoga Springs, NY 12866

518-306-3048

info@SARArecovery.org  
www.SARArecovery.org

### Johnstown

#### Rob Constatine Recovery Community & Outreach Center

86 Briggs Street, Suite 6  
Johnstown, NY 12095

518-705-4626

recoverycenter@hfm-preventioncouncil.com

### Hudson Falls

#### Hope & Healing Recovery Community & Outreach Center

2 Maple Street  
Hudson Falls, NY 12839

518-480-5499

# HEALING SPRINGS



*Recovery Community  
and Outreach Center*

## WHAT WE DO

- Welcome all recovering people and families whether in or seeking recovery from the effects of addictions
- Connect people to appropriate community resources
- Offer peer-to-peer recovery coaching for individuals wanting to work on the development and implementation of a recovery wellness plan
- Provide opportunities to help others by volunteering at the Center
- Offer opportunities for involvement in a drug and alcohol free, sober, support community
- Bring voices and visibility to recovery!



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## HEALING SPRINGS RECOVERY COMMUNITY & OUTREACH CENTER

is here to demonstrate hope, build recovery capital and help sustain long-term recovery.

More often than not, those who experience relapse lose a connection to their community and their sense of purpose. By providing informational and peer support services and recovery community events and meetings, it is our hope that each individual will find something to engage their interest and keep coming back.

### SOUTHERN ADIRONDACK RECOVERY ALLIANCE (SARA)

SARA is a network of Recovery Community and Outreach Centers with sites in Saratoga Springs, Johnstown, and Hudson Falls. SARA has been established to be a hub for recovery support services.

Our focus is to aid individuals and families to improve health, wellness and sustain long-term recovery.

We offer:

- Support to cope with addiction in the family
- Education about substance use disorders and recovery
- Tools to navigate insurance and treatment services
- Support from peers
- Sober social and recreational activities

Our efforts are inclusive and focus on the positives of recovery while supporting people at every stage of their own path. Addiction is a chronic disease and we believe recovery is a life long journey.

### WHAT WE ARE...

Saratoga Springs (and the surrounding area) is a wonderful place to live and to recover! We are a substance free, supportive, recovery-oriented sanctuary in the heart of the community offering a safe place to be on the journey in recovery.

People, 18 years of age or older, in all stages of recovery, are both welcome and needed, as we are a **peer-driven** and **peer-delivered** support services based organization.

We are not looking to duplicate existing community services and there are a few things we are not. We are not a drop-in center, an outpatient treatment facility, a twelve-step club or a place to simply hang out. We are here to ask what we can do to help you with your recovery and provide hope, information and support.

We are here to ask what can we do to help you with your recovery, and to provide hope.