

2019 Local Services Plan for Warren and Washington Counties



JUNE, 2018

**OFFICE OF COMMUNITY SERVICES FOR
WARREN AND WASHINGTON COUNTIES**

Nine Goal Outcome Topic Areas



- Timely access to flexible, appropriate Behavioral Health services
- Expand Housing Options
- Expand Alternative Transportation Options
- Workforce Shortage-recruitment and retention
- Advance a population health approach to clinical services
- Support DSRIP initiatives to develop culturally competent, person-centered and recovery oriented culture

Nine Goal Outcome Topic Areas



- Expand substance use disorder services
- Address identified issues and challenges through the North Country Regional Planning Consortium
- County Disaster MH team will promote OMH Fundamentals of Disaster MH Practice

Priority Goal 1



- **Timely access to flexible, appropriate Behavioral Health supports and services**

Individuals and families impacted by mental illness, chemical dependency and/or developmental disabilities must have timely access to appropriate supports and services to improve behavioral health outcomes, improve quality of life, and to control costs of the behavioral healthcare system. This includes a continuum of services and supports.

Access to Service Objectives



- **Objective 1:**

Implement an open-access model of treatment in our Glens Falls Hospital outpatient clinic/s as well as WWAMH Caleo Clinic.

Access to Service Objectives



- **Objective 2:**

The Office of Community Services will work with local providers to develop at least two additional school-based mental health clinic satellites.

Access to Service Objectives



- **Objective 3:**

The Office of Community Services will develop and implement a Veteran's Peer-to-Peer support program with NYS Senate PFC Joseph P. Dwyer funds.

Access to Service Objectives



- **Objective 4:**

The Office of Community Services will advocate for appropriate levels of local/regional inpatient behavioral health services.

Access to Service Objectives



- **Objective 5:**

The Office of Community Services will help coordinate a new group of community stakeholders to help implement objectives of the SIM workshop

Priority Goal 2



- Expand access to housing options that are safe, affordable, and person-centered. Work with the local CoC to explore funding opportunities for permanent supportive housing.

Housing continues to be a major concern across all three disability areas. As of January 2018 HUD will require all CoC funded agencies to participate in a Coordinated Entry system which will help allocate our community resources more effectively.

Housing Access Goal



- **Objective 1:**

Explore housing redesign for special populations with programs that have project proposals, as funding is identified. These will be reviewed through presentation and approval by the appropriate Community Services Board subcommittee

Housing Access Goal



- **Objective 2:**

Collaborate with the administration of local adult homes to discuss ways we can better serve the needs of our aging and disabled/recovering populations.

Housing Access Goal



- **Objective 3**

Increase the number and types of housing opportunities for persons with developmental disabilities.

Housing Access Goal



- **Objective 4:**

Develop housing opportunities for persons with substance use disorders, including those not yet in treatment.

Housing Access Goal



- **Objective 5:**

Increase the number of supported housing opportunities that target transition-aged youth (16-24) across all three disability areas.

Priority Goal 3



- Expand alternative transportation ideas/options for individuals across all three disability areas

The rural nature of many of the areas within our region makes transportation a challenge, as there are limited public transit options.

Transportation Goal



- **Objective 1:**

Collaborate with the Adirondack Glens Falls Transportation Council on rural funding and strategies.

Transportation Goal



- **Objective 2:**

The Office of Community Services will participate in a work group/coalition with key stakeholders to explore development of volunteer and/or peer based transportation options.

Priority Goal 4



- The Office of Community Services will encourage local providers to collaborate and implement effective strategies to address workforce shortage issues across all three disability regions

Workforce Goal



- **Objective 1:**

Continue to encourage local providers to work with our local PPS, AHI, on the most useful and effective ways to utilize DSRIP workforce funds.

Workforce Goal



- **Objective 2:**

Encourage providers to apply for the National Health Service Corp. site designation. Utilize the NHSC loan repayment program in their advertising and recruitment efforts.

Workforce Goal



- **Objective 3:**

Advance implementation of telemedicine practices among local mental health, substance abuse and developmental disability service providers.

Priority Goal 5



- Advance a population health approach to clinical services

Population Health refers to the health status and health outcomes within a group of people rather than considering the health of one person at a time. The model takes into account social determinants of health such as education, poverty and housing.

Advance Population Health



- **Objective 1:**

Develop relationships and strategies to outreach to individuals in need of treatment, but may be ambivalent.

Advance Population Health



- **Objective 2:**

Increase the availability of psychiatric and SUD services by soliciting new contract providers

Advance Population Health



- **Objective 3:**
Introduce additional peer coaching services

Advance Population Health



- **Objective 4:**

Collaborate with providers to increase the implementation of evidence based practices that infuse the Adverse Childhood Experiences Study on individuals' health across life time.

Priority Goal 6



- Support all initiatives through Medicaid Redesign, DSRIP and Managed Care HCBS waiver services. Develop culturally competent, person-centered, recovery-oriented services and culture

Support Medicaid Redesign and Objectives



- **Objective 1:**

Build relationships with the regional health home agencies as well as our local PPS in order to deliver integrated care

Support Medicaid Redesign and Objectives



- **Objective 2:**

Explore opportunities for integration of substance use screening and behavioral health services in primary care settings.

Support Medicaid Redesign and Objectives



- **Objective 3:**

Increase population health through the promotion of mental, emotional and behavioral well-being for all county residents through trauma informed care by promoting evidence based practices such as Motivational Interviewing and Cognitive Behavioral Therapy.

Support Medicaid Redesign and Objectives



- **Objective 3:**

Increase population health through the promotion of mental, emotional and behavioral well-being for all county residents through trauma informed care by promoting evidence based practices such as Motivational Interviewing and Cognitive Behavioral Therapy.

Goal 7



- Expand substance abuse services to align with local/regional needs

The Council for Prevention continues to lead the prevention front around opiates and substance use disorders. Their Hometown vs. Heroin Coalition continues to gain momentum with local legislative support and increasing publicity on SUD's in our communities.

One of the major stumbling blocks in our two counties is the lack of detox and inpatient SUD services, as individuals are unable to receive rapid access to the appropriate level of care.

Expand Substance Use Disorder Services



- **Objective 1:**

Collaborate with the Mental Health/Chemical Dependency subcommittee to develop additional strategies to increase treatment options and access

Expand Substance Use Disorder Services



- **Objective 2**

Support and advance local efforts to develop ambulatory detox and medically assisted treatment.

Expand Substance Use Disorder Services



- **Objective 3**

Behavioral Health Certified Peer community outreach capacity will be developed and expanded.

Goal 8



- The North Country Regional Planning Consortium (RPC) will continue to identify and address regional issues/challenges related to Medicaid Redesign and the transition to Medicaid Managed Care.

The North Country RPC will utilize a thorough due diligence process to bring clarity and specificity to identified issues and recommended solutions.

Regional Planning Consortium Objectives



- **Objective 1:**

Identify related issues/challenges through the RPC Board and community outreach.

Regional Planning Consortium Objectives



- **Objective 2:**

Pursue due diligence measures within the RPC regional and statewide structure to adequately vet the identified issues and inform potential regional and statewide solutions.

Regional Planning Consortium Objectives



- **Objective 3:**

Establish a Children and Families Standing Committee of the North Country RPC with broad regional stakeholder representation to address the transition of the children's system to Medicaid Managed Care, and related issues.

Regional Planning Consortium Objectives



- **Objective 4:**

Clarify, refine and advance issues and solutions through ongoing dialogue with regional stakeholders and State Agency partners.

Goal 9



- The County Disaster Mental Health Team for Warren and Washington Counties will be appropriately staffed and trained in the event of the need for deployment.

Disaster Mental Health Team Objective



- Objective 1:

The Office of Community Services will promote/offer at least two disaster mental health-related training opportunities to County DMH team members.

Disaster Mental Health Team Objective



- Objective 2:

The Office of Community Services will maintain current contact information for County DMH team members and conduct at least one contact drill.

Disaster Mental Health Team Objective



- Objective 3:

The Office of Community Services will promote/offer at least one disaster mental health-related response drill.